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IT'S NOT VERY COMPLICATED. PEOPLE ARE NOT CARS. IT IS NOT
POSSIBLE TO GO TO A JUNKYARD FOR ORGANS. THE ONLY WAY TO
HAVE ORGANS AVAILABLE IS FOR HUMANS TO DONATE THEM.

WHAT'S IN IT FOR ME?

- YOU WILL BE A BETTER PERSON.
- YOU COULD DO SOMETHING IMPORTANT.
- YOU CAN MAKE A DIFFERENCE IN A LIFE.
- YOU CAN BECOME A SHINING EXAMPLE FOR OTHERS.

SO FINALLY, HERE WE ARE. PLEASE READ AND RE-READ THIS PIECE. REMEMBER THE PEOPLE WHO NEED YOUR HELP. NOTE THAT YOU OR A FAMILY MEMBER MIGHT BE THE ONE IN NEED. ASK YOURSELF, "DON'T YOU WANT TO BE PART OF THE SOLUTION, NOT THE PROBLEM?" AFTER A BRIEF REFLECTION, I NEED YOU TO TAKE ACTION. DON'T DELAY. ACT NOW, AS EARLY AS TODAY. DO IT. WE ARE ALL COUNTING ON YOU!

WITH THANKS ETERNALLY...

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PREFACE

The present book series is entitled the 45 Plus Life Handbook. The purpose of this series is to guide those 40 something through some of the minefields that a person must pass through on the journey of life.

With this said, it is not only what you say that counts, but also, how you say it. Accordingly, due care was given to develop a style, not legalese, but rather plain talk, easy-to-read; a format, not haphazard, but rather, regular and consistent; explanations, not complex and convoluted, but rather in simple steps, easy-to-follow; all of which to deliver a greater level of understanding of the subject matter in order to facilitate the reader to make informed decisions.

Hence, each chapter from each book comprises the following divisions, notably: introduction, why (rights), what (definitions, etc.), where (provinces, etc.), which (types, categories, etc.), when, how (checklist: 'Golden' rules / recommendations), recourses (rights), summary, conclusion and bullet-point slides

I am certain that everyone shall agree that timely information will produce superior results. Confucius is quoted as saying, "If a man does not give thought to problems which are still distant, he will be worried by them when they come nearer." It is my profound hope that this handbook will be food for thought, lessening the anxiety that comes with ageing, and making the voyage easier and more satisfying.

"Be prepared". These two words say it all. Many of you will recall this refrain from the scout movement. I couple the foregoing with a very wise quote attributed to Dr. Robert Anthony, "When you do the things you need to do, when you ought to do them, the day will come when you can do the things you want to do when you want to do them" (Anthony, Dr. Robert, "Think and win", The Berkley Publishing Group, New York, 1992).

The foregoing is especially true when it comes to estate documents. In anticipation of death and other eventualities, a person should consider the expediency of making a will, power of attorney, advance medical directive/living will (mandate in Quebec), deed of trust, organ donation writing, estate inventory, and so on. As a result, respecting each written instrument, we have included a chapter providing the basics.

With the preliminaries over, here is the Professor with Estate Documents 101.

A. Gold

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